

# Interest Group - European Patients Rights and Cross Border Healthcare

11<sup>th</sup> June 2016

## European Headache Alliance

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European Headache Alliance



# Headache disorders - the facts

- ◆ Migraine most common neurological disorder
- ◆ Migraine affects 12 – 15 % of population
- ◆ Migraine classified by WHO as 4<sup>th</sup> most disabling disease in women and 6<sup>th</sup> overall, comparable to quadriplegia, dementia and active psychosis
- ◆ Cluster Headache = one of the worst pains known to man
- ◆ Cost of migraine = €27 billion annually
- ◆ €40 billion including other headache disorders

# European Headache Alliance

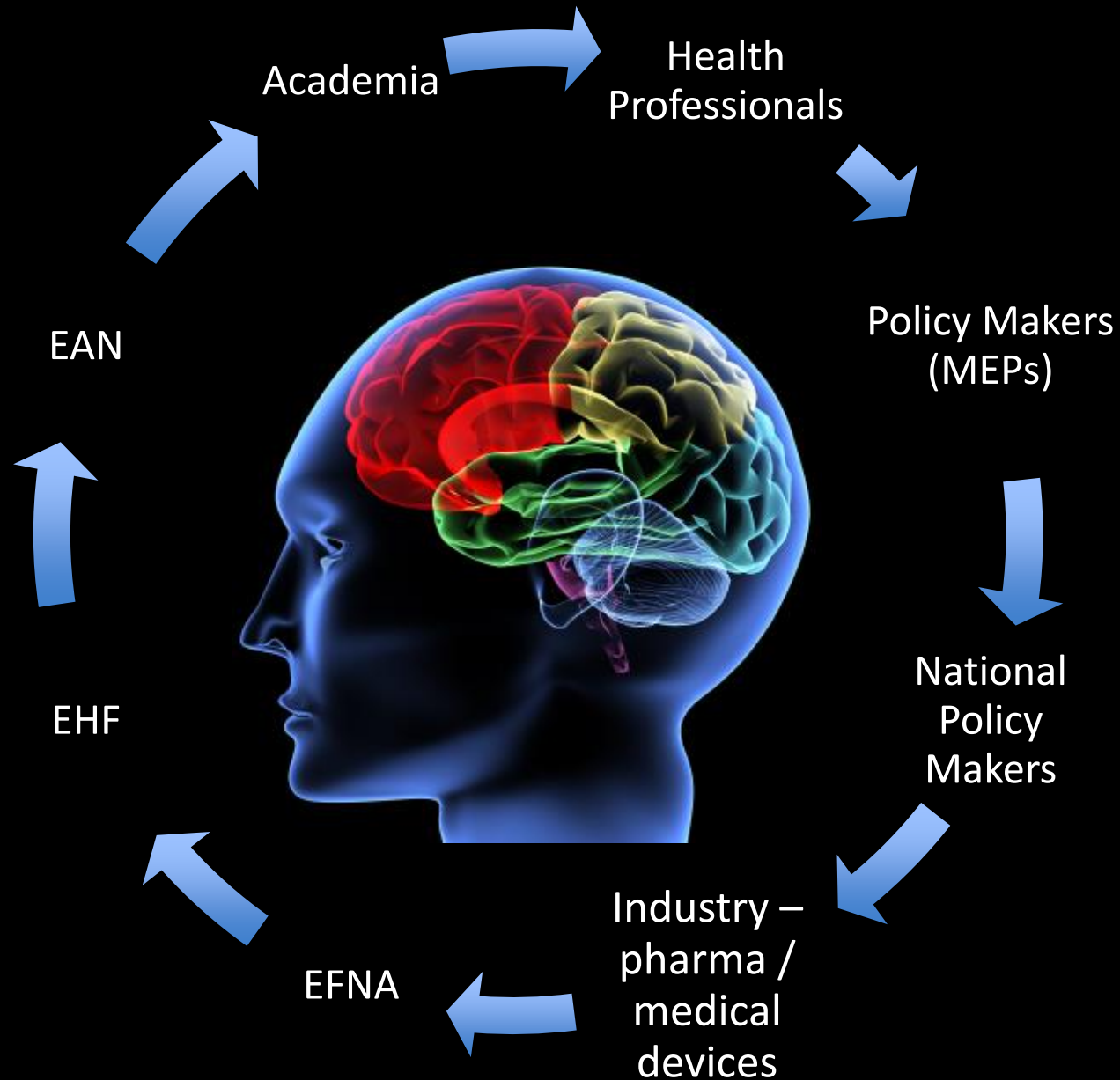
Adding value to **25** patient organisations across Europe

## AIMS

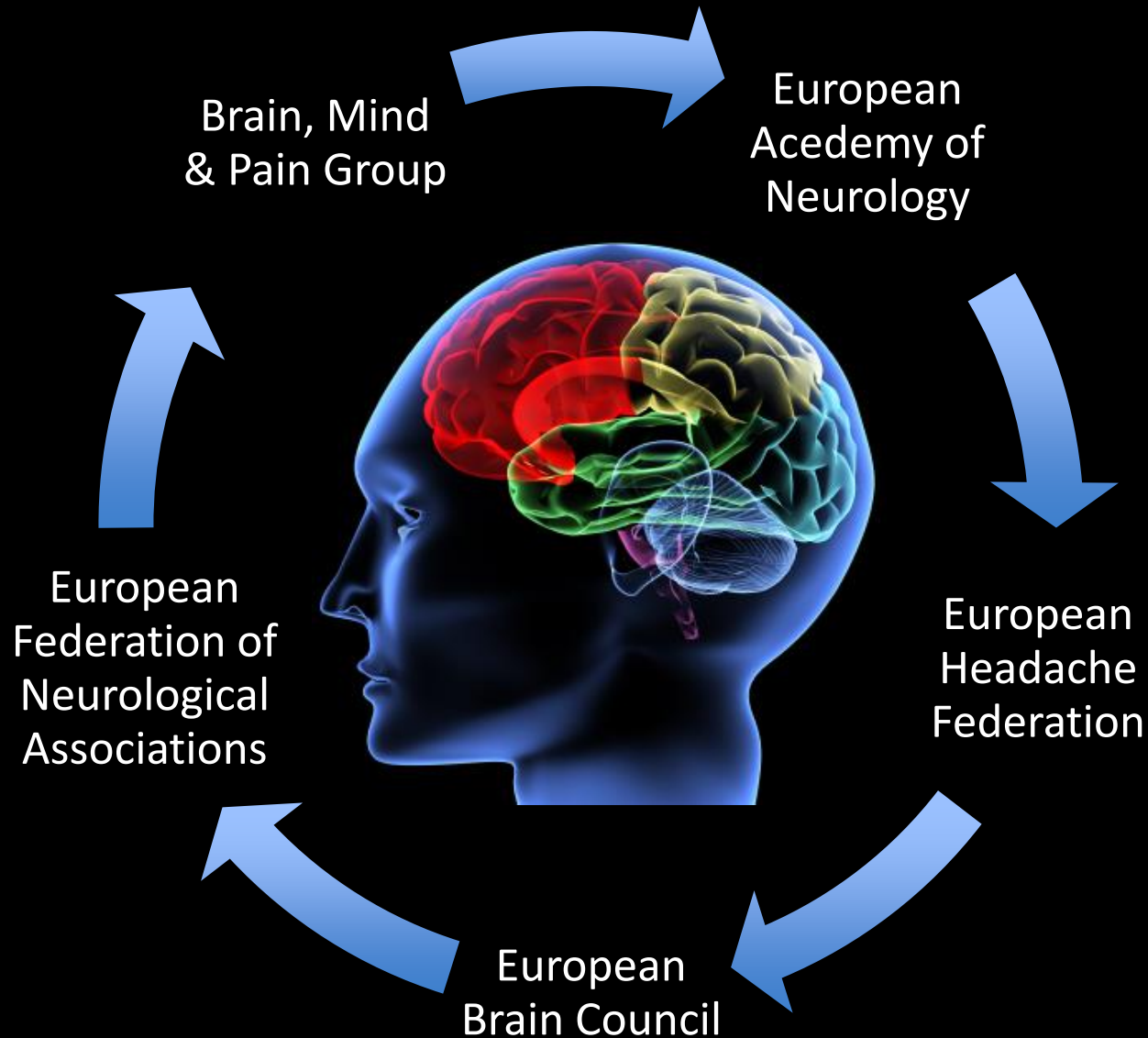
- ◆ Promote **awareness** and **understanding** of migraine and other primary headache disorders
- ◆ Improve **access** to **appropriate diagnosis** and **treatment** for people affected by a headache disorder



# Stakeholders



# Partners



# Relationship with policy makers

## ◆ European level

- ◆ Horizon 2020

- ◆ MEP Interest group on the Brain, Mind and Pain in European Parliament, Brussels – aims to:

- ◆ Encourage research into and access to innovative treatments, promote prevention and self-management approaches, decrease stigma and work together to improve quality of life for people living with these disabling conditions.

# Brain, Mind & Pain Interest Group

- ◆ Almost 50 MEPs sign of Register of Supporters
- ◆ 2014 publication of Book of Evidence and Interest
- ◆ Group website: [www.brainmindpain.eu](http://www.brainmindpain.eu)
- ◆ EP meeting on Prevention, June 2015
- ◆ EP meeting on Stigma October 2015
- ◆ EP meeting on Workplace February 2016
- ◆ EP meeting on Research June 2016



# Cross Border Healthcare – the patient perspective of article 8.5

- ◆ Use of Headache Impact Test (HIT-6) to measure severity of headache pain
- ◆ Those at extreme end of scale should have access to cross border healthcare eg:
  - ◆ To access detox clinics unavailable in their country
  - ◆ Medical devices
  - ◆ Botox
  - ◆ Surgery options for Cluster Headache
  - ◆ Lack of specialised clinics for Cluster Headache



# EHA

[www.europeanheadachealliance.org](http://www.europeanheadachealliance.org)



<https://www.facebook.com/EHAUndertheHat>



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## CONTACT

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